



SECRETARIA MUNICIPAL DE EDUCAÇÃO E CULTURA REDE MUNICIPAL DE ENSINO ATIVIDADES PEDAGÓGICAS COMPLEMENTARES

Escola: _____

Estudante: _____

Componente curricular: Língua Estrangeira Inglês

Período: 05/04/2021 a 29/04/2021

Etapa: Ensino Fundamental II

Turma: 9º ano

- As atividades das APCs serão adequadas de acordo com a limitação e necessidade de cada estudante pelo professor (a) de Apoio e Supervisão do Departamento de Coordenação de Educação de Inclusão Social.

CADERNO 2

AULA 1 e 2 - Faça a Leitura e traduza texto “Becoming a Lifelong Learner” e responda as questões 5, 6 e 7.

- Segue o modelo para responder no caderno:

Dia: ____/04/2021

Respostas das atividades do Livro de Inglês

Questão 05.

Becoming a Lifelong Learner

by Adam Sicinski

In order to become a lifelong learner, you must, of course, commit yourself toward making incremental improvements over the long-haul within key areas of your life. In order to do this, you must regularly listen to relevant podcasts and/or audio books or programs. You must commit yourself to reading books and topic related blogs, to attend workshops, seminars and to undertake professional courses that help expand your skills and understanding of certain key subject areas.

All the above things are of course no-brainers when it comes to lifelong learning. However, there are a few other things that lifelong learners regularly do that are not so obvious.

Consistently Exercising the Brain

Lifelong learners spend time exercising their brain. Just like the body requires exercise to stay fit and healthy, so too does the brain. As such, lifelong learners take time throughout the week to solve problems, to think critically and creatively about various topics and subjects they are learning. For them, this isn't about just reading and recalling information. They

motivate themselves to think critically about what they are learning; to question everything, and then to creatively expand these ideas to help them solve real life problems they are dealing with far more effectively. That is in essence what lifelong learning is all about.

commit yourself: comprometer-se

incremental: gradual

long-haul: tempo consideravelmente longo

no-brainers: simples, fáceis

skills: habilidades

SICINSKI, Adam. Why Becoming a Lifelong Learner is no Longer an Option. IQ Matrix. Available at: <<https://blog.iqmatrix.com/lifelong-learner>>. Accessed on: July 27, 2018.

Consulte o **Glossário** ao final do volume para ampliar seu vocabulário.

5 Place each question from the box below to its appropriate answer. Write in your notebook.

What must you do to become a lifelong learner?

What activities must you do to become a lifelong learner?

- a. In order to become a lifelong learner, you must commit yourself toward making incremental improvements in your life.
- b. You must read books, read topic related blogs, attend workshops, seminars and undertake professional courses that help expand your skills and understanding of certain key subject areas.

6 Read the excerpt from the text. What does it mean? In your notebook, answer in Portuguese.

Just like the body requires exercise to stay fit and healthy, so too does the brain.

7 Read some actions that lifelong learners adopt. In your notebook, write the ones that are mentioned in the text you read.

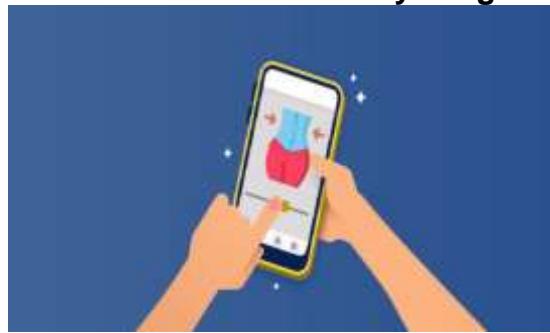
- a. Set personal goals.
- b. Stay fit and healthy.
- c. Reflect on what they learn.
- d. Teach someone what they are learning.
- e. Try to solve common problems in a different way.

Livro didático de Língua Inglesa “TIME TO SHARE”, páginas 16 e 17.

Utilize o espaço abaixo para traduzir o texto.

AULA 3 e 4 - Leia o texto abaixo e responda ao item a.

The Link Between Social Media and Body Image - October 9, 2019



Whether we'd like to admit it or not, social media is shaping our concept of beauty. We are, for better or worse, constantly consuming images posted online. As a result, social media and body image – the way we perceive our own physical appearance – have become inextricably linked.

Social media influences how we look at ourselves both positively and negatively, and it's important that we understand the effects in order to limit their impact on our mental health. [...]

Disponível em: <https://online.king.edu/news/social-media-and-body-image/>

a) Responda V ou F:

- () As mídias sociais nos influenciam positiva e negativamente.
- () As mídias sociais estão moldando nosso conceito de beleza.
- () As mídias sociais e a imagem do corpo se tornaram intimamente ligadas.
- () Nada pode ser feito para limitar o impacto das mídias sociais em nossa saúde mental.

- Caro aluno, o texto acima fala sobre a ligação que existe entre as mídias sociais e a imagem do corpo, ou seja, a forma como percebemos nossa aparência física.

AULA 5 e 6 - Avaliação Bimestral Língua Estrangeira Inglês.

AULA 7 e 8 - Leia a citação a seguir e responda aos itens a, b e c.

All the likes on social media
won't help you, if you don't
like YOURSELF.

gem a day

Disponível em: https://twitter.com/gem_a_day Acesso em 08/10/2020.

a) Qual é o significado de 'likes' na citação?

- () gostar () curtidas

b) Qual é o significado de 'like' na citação?

- () gostar () curtidas

c) Qual é a mensagem da citação?

- () As curtidas das mídias sociais faz você gostar mais de si mesmo.
- () Você deve gostar de si mesmo independente das curtidas nas mídias sociais.